THE EVOLVING SINGING VOICE

how changes in respiration, vibration and resonance impact singing over a lifetime

with Karen Brunssen

NOV 7 17:00 PM
PVSOC.ORG
413.773.3664
Music fills our valley with life

Proud to Support the
PIONEER VALLEY SYMPHONY

GREENFIELD Cooperative Bank

NORTHAMPTON Cooperative Bank

Amherst - Florence - Greenfield
Northampton - Northfield
Shelburne Falls - South Hadley
Sunderland - Turners Falls

877-682-0334

BestLocalBank.com
THE EVOLVING VOICE

KAREN BRUNSSSEN SPEAKER
SARAH PAQUET MODERATOR

Saturday, November 7 • 7:00 pm

presented virtually

BROUGHT TO YOU BY:
FROM THE PRESIDENT

Dear friends,

Thank you for joining us for the launch of our 2020-2021 season. The Pioneer Valley Symphony has been hard at work to put together safe, accessible programming for our 82nd season that is dynamic, engaging, and unique.

Until it is safe to provide live performances, we are offering a wide variety of virtual opportunities to connect and engage with music in unique ways. We have reimagined our traditional activities, are launching a new Discovery Series that offers deeper insight into music, and creating opportunities to enjoy music together as a community.

Although we are connecting in different ways, we are still the same PVS. We are committed to bringing important music to our community, providing creative ways by which to engage with and understand it, and making our offerings accessible to all who are interested.

This is a critical moment for our community; at a time when we are required to remain physically distant to protect ourselves and others, there is a keen desire to connect, engage, and strive for some normalcy. You can help us provide these opportunities for connection, learning and inspiration by sponsoring one or more of our virtual offerings this season.

At this moment, when performing arts organizations are being called on to employ every ounce of flexibility, creativity and resilience they possess, your investment in the PVS is a vote of confidence in the value of music in all our lives. We recognize this is a financially uncertain time for many of us. If you are able to support the PVS, please consider making a gift to the PVS or becoming a member of the Continuo Society by signing up for automatic monthly gifts.

Thank you,
Kristin Donohue
Proudly Supporting
Fine Local Musical Performances

Finck & Perras
Insurance Agency, Inc.
Insuring Your Way Since 1935

To us, you’re more than customers.
At Florence Bank, we know who you are, because we’re just like you. We are not just a community bank, we’re part of the community itself. We don’t just care about your financial future, we care about you, because to us you’re more than customers.

Always,
Florence Bank
florencebank.com
Be part of our annual holiday celebration - from the comfort of your own home!

Join our virtual choir with this fun, classic carol.

More info on our website.

No charge to participate!

VIRTUAL CHOIR

'WINTER WONDERLAND'

Video Submissions due SUN 11/22

Join the PVS singing community at friendly, virtual, bi-weekly singing sessions.

Visit our website for more info, to ask questions, and to sign up.

Sliding scale fee, scholarship available.

MEET & SING

WITH CHORUS DIRECTOR SARAH PAQUET
The human voice is magnificent at every age. For those of us who sing, we are the power source (breath support), the vibrator (vocal folds and the larynx), and the resonator (our mouth and pharynx) of our "living" vocal instrument. Function is dependent on where the body is within progressive and constant changes. At every age exercising the singing voice increases the elasticity, coordination, flexibility, and strength of muscles involved in singing. However, anatomical changes require reconsideration for vocal expectations, physical realities, and musical strategies that are very different as proportions of the body, inside and out, change unsymmetrically throughout life.

Karen Brunssen brings a presentation to the PVS inspired by her comprehensive book *The Evolving Singing Voice: Changes Across the Lifespan*, and shares her experience and expertise in conversation with PVS Chorus Director Sarah Paquet.
Karen Brunssen is Professor of Music at the Bienen School of Music, Northwestern University in Evanston, Illinois where she teaches voice and is Co-Chair of Music Performance. She is a frequent teacher, clinician, presenter and adjudicator for organizations, colleges, and universities throughout the United States, Canada and Europe. She is the author *The Evolving Singing Voice: Changes Across the Lifespan* which chronicles how changes in respiration, vibration and resonance impact realistic, age appropriate expectations for singing throughout a lifetime. She has done numerous residencies at Cambridge University, for the Zürcher Sing-Akademie in Switzerland, International Institute of Vocal Arts in Italy, Castleton Music Festival, Shallaway Youth Choir, the Atlantic Music Festival, Brancaleoni Music Festival and more.

She is Immediate Past-President of the National Association of Teachers of Singing, served as a Master Teacher for the NATS Intern Program, has served on the NATS National Conference Committee, and is a member of the American Academy of Teachers of Singing. Her singing career spanned over 30 years throughout the US and Europe. She received her undergraduate degree from Luther College and has done graduate work at Yale University and Kent State University. In 2013 she was presented with the Weston Noble Award by Luther College.
You care so wholeheartedly and do so much, but sometimes it’s hard to do it all.

We’ll help you find peace of mind.

413.773.5555 | 978.544.2259
800.732.4636 | LifePathMA.org
Serving Franklin
55 Main St., Greenfield 772-6585
“Exploring the World One Glass at a Time Since The Turn of the Last Century”

Franklin First
FEDERAL CREDIT UNION
BRIGHTER DAYS ARE HERE WITH YOUR COMPLETE & LOCAL FINANCIAL PARTNER.
franklinfirst.org
413.774.6700
57 Newton St.
Greenfield, MA 01301

Saving your life in harmony
We bring peace and clarity to people and families facing legal challenges.

Contact us to schedule a consultation.

- Lisa G. Kent, Managing Partner
- Hilary A. Sullivan, Associate Attorney
- Jennifer Mullins, Paralegal
- Laurie Lucier, Office Administrator

Esser Kent P.C. 117 Main St., Greenfield (413) 774-7085 info@esserkent.com www.esserkent.com

Lathrop
A KENDAL AFFILIATE
lathrop.kendal.org | 413-437-5892

With a commitment to enhancing the quality of life, Lathrop fosters a vibrant sense of togetherness where you can continue to enrich your life and the lives of others.

A Not-for-Profit Community Serving Older Adults in the Quaker Tradition.
Prior to joining the faculty at Smith, Sarah was Director of Choral Activities at Avon Old Farms School (Avon, CT). While at Avon, she taught five curricular ensembles, directed musical theater productions, and served as head of the music department. Additionally, she led the school's select ensemble, the Riddlers, on a performance tour of France and England. Her past appointments include director roles at University of Detroit Jesuit High School (Detroit, MI) and St. Mary Student Parish (Ann Arbor, MI).

While completing her coursework at Yale, Sarah served as the assistant conductor of the Yale Glee Club, directing the ensemble in tour performances throughout the country. In her work as an assistant conductor for the Yale Camerata, she prepared the choir for performances of masterworks such as Vaughan Williams' Dona Nobis Pacem, Stravinsky's Les noces, and Bach's Christmas Oratorio. Additionally, Sarah co-directed the Marquand Chapel Choir of Yale Divinity School.

A professional mezzo-soprano, Sarah has performed, toured and recorded with ensembles such as Audivi, University of Michigan Chamber Choir, and Yale Schola Cantorum. Sarah's primary conducting teachers include Marguerite Brooks, Jeffrey Douma, David Hill, Simon Carrington, Eugene Rogers, and Paul Rardin. She holds the Bachelor of Music degree in music education from the University of Michigan and the Master of Music degree in choral conducting from Yale University.
PVS PRESENTS...
FALL 2020 EVENTS

SAT 9/26 • 7PM
PEER GYNT
WITH MARIA JOSÉ BOTELHO
LED BY TIANHUI NG

SAT 10/17 • 7PM
100 YEARS OF THE 19TH AMENDMENT
WITH ANDREA MOORE
LED BY TIANHUI NG

SAT 11/7 • 7PM
THE EVOLVING SINGING VOICE
WITH KAREN BRUNSSEN
LED BY SARAH PAQUET

SAT 12/12 • 7PM
PVS HOLIDAY SINGALONG
LED BY TIANHUI NG & SARAH PAQUET

$15 PER EVENT
New England Public Media is proud to be your new home for news, culture, and entertainment. We provide local perspective and all the shows you know and love from PBS and NPR—on every screen and every speaker.

nepm.org | Watch Meets Listen
HIDDEN FIGURES

Women composers through the ages

THE CONVERSATION STARTS SAT 10/17 • 7PM

PVS PRESENTS...

100 YEARS OF THE 19TH AMENDMENT

WITH ANDREA MOORE

10/28
7 PM

RENAISSANCE
WITH ANNA MARSH

11/11
7 PM

TWENTIETH CENTURY
WITH LIANE CURTIS

11/22
4 PM

BAROQUE
WITH PAULA MAUST

12/2
7 PM

CLASSICAL
WITH ADELINE MUeller

12/20
4 PM

ROMANTIC
WITH ADELINE MUeller

PVS DISCOVERY SERIES

TICKETS

$15/event
$60 for all 5

PIONEER VALLEY SYMPHONY
PIONEER VALLEY SYMPHONY

PIONEER VALLEY SYMPHONY, INC.
91 MAIN ST.
GREENFIELD, MA 01301

WWW. PVSOC.ORG
PVSOC
PVSYMPHONY
@PVSOC
PVSYMPHONY